



7th SIDDHA DAY

@ MADURAI

30th December 2023



Theme

ANCIENT WISDOM AND MODERN SOLUTIONS
பண்டைய ஞானம் - இன்றைய தீர்வுகள்

NATIONAL INSTITUTE OF SIDDHA

Ministry of Ayush, Govt. of India

CENTRAL COUNCIL FOR RESEARCH IN SIDDHA

Ministry of Ayush, Govt. of India

In association with

DIRECTORATE OF INDIAN MEDICINE & HOMOEOPATHY

Govt. of Tamil Nadu

Venue:

RAJA MUTHIAH MANDRAM

Tamil Isai Sangam, Melur Road,
K.K. Nagar, Thallakulam, Madurai - 625 020. (Near District Court)





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Dr. Munjpara Mahendrabhai Kalubhai

Hon'ble Minister of State
Ministry of Ayush & Ministry of Women and Child Development



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and Homoeopathy, Govt. of Tamil Nadu

Dr. K. Jagannathan

President, Board of Unani, Siddha, and Sowa-Rigpa,
National Commission for Indian System of Medicine

Siddha System of Medicine

The Siddha system of medicine is one of the oldest established traditions of healthcare in the Indian subcontinent, including innovative, therapeutic methods and treatment procedures. As a component of the formally recognized Ayush systems, it benefits from state patronage and provides both public and private health care to a sizeable percentage of the populace. The Siddha system boasts of an expanding network of institutions for health care, education and training, medicine, research and production. The emergence of the National Institute of Siddha and Central Council for Research in Siddha has facilitated the process of development by incorporating quality standards in Postgraduate research and education, standardizing and validating medications and utilizing cutting-edge technologies to enhance outreach within the public health system and the diverse range of professional abilities possessed by Siddha practitioners.

Siddha medicine is distinctive because it adopts a holistic approach to healing patients' physical, mental, social and spiritual health by incorporating easy lifestyle changes, creating diet plans tailored to each patients' preferences, and using Plant, Metal, Mineral and animal kingdom including the marine products based medications that are much effective. The strength of the system is further enhanced by Siddha Kayakarpam, external therapies and Special Therapeutic Procedures like Varmam and Thokkanam. Diet and lifestyle are the fundamental components of Siddha medicine for good health.

Observance of the Siddha Day

Siddhar Agathiyar, the Father of Siddha Medicine, was born in the Tamil month of Margazhi in Star Ayilyam. The Ministry of Ayush, Government of India, has approved celebration of this day as the Siddha Day. The 7th Siddha day falls on 30-12-2023.

Objectives of Siddha day

1. To promulgate the uniqueness of Siddha medicine around the globe.
2. To Augment Siddha system into mainstream healthcare by integrating the treatment protocols with current modern medical branches such as Oncology, Assisted Reproductive Technique etc.,
3. To sensitize the public about the ancient Siddha approach of healthcare and disease prevention.
4. To inculcate the ancient wisdom of Siddha science using scientific background for establishing it as an evidence-based medicine.

Theme of the Siddha day : “Ancient Wisdom and Modern Solutions”

The 7th Siddha day celebration's theme centres around deriving solutions from the wisdom of ancient Siddha system of medicine for the suffering mankind in the present day world. The knowledge and wisdom of Siddha system surpasses time and are relevant to the contemporary problems that plague the mankind. Thus, Siddha medicine holds out promise for over so many disease conditions like a spring of water that does not fail. This has been validated through various researches in recently broken out epidemics and Covid pandemic.

About the Organizers

National Institute of Siddha (NIS)

National Institute of Siddha is an apex body for the Siddha medical education established by Govt. of India in 2005. It is an academic institution registered under societies act offering undergraduate, post graduate and doctorate education which has catered to more than 1 crore patients with Siddha system of medicine. The Institute intends to develop Siddha educational curriculum so that the benefits of the traditional science can be integrated with modern science. NIS proposes to undertake research to enhance the acceptability of the Siddha formulations and to validate their safety. Plans are afoot to forge interdisciplinary alliances with various branches of modern medical sciences.



Central Council for Research in Siddha (CCRS)

Central Council for Research in Siddha (CCRS) is an autonomous organization under the Ministry of Ayush, Government of India. CCRS is an apex body for carrying out research in the Siddha medical system. It is a Scientific and Industrial Research Organisation (SIRO) with cutting-edge research facilities, departments, and equipments.



The Council conducts various kinds of research projects. It has 9 Peripheral Institutes and units and 5 Co-located centers at various states and Union territories of India such as Tamil Nadu, New Delhi, Kerala, Karnataka, Andhra Pradesh, Goa and Puducherry. Clinical research, drug discovery, medicinal plant research, literary research, and basic research are all conducted by CCRS through its affiliated institutes and units. CCRS is rendering clinical services through its peripheral Institutes and Units along with a Siddha wing at Ayush Wellness Clinic, Rashtrapati Bhavan in New Delhi. Siddha Extension OPDs functioning at All India Institute of Ayurveda (AIIA), Saritha Vihar, New Delhi, Pondicherry University, CSIR- CLRI and NIE-ICMR provide Siddha treatment for the benefit of general public and conducting research.

Directorate of Indian Medicine and Homoeopathy (DIM&H)

In 1970, the Govt. of Tamil Nadu established the Directorate of Indian Medicine and Homoeopathy at Chennai. It was inaugurated to govern the Ayush Medical systems in the state of Tamil Nadu. The vision and mission of DIM&H are to provide health care services to the public using Indian systems of medicine and homoeopathy, as well as supervising research and education in these fields, encouraging the growth of medicinal plants etc.

About Madurai

Madurai is a major city in the Indian state of Tamil Nadu. It is considered as the cultural capital of Tamil Nadu and the administrative headquarters of Madurai District located on the banks of river Vaigai. Madurai has been a major settlement for two millennia and has a documented history of more than 2500 years. It is often referred to as "Thoonga Nagaram", meaning "the city that never sleeps". Madurai has its close association with the Tamil language such as the third Tamil Sangam has been held in the city.



Sri Meenakshi Temple



Azhagar Kovil Temple



Vaigai River



Jalli Kattu



Madurai Malli



Keezhadi

7th Siddha day Special Events

1. Bike Rally from Delhi to Kanyakumari during February - 2024 to create awareness about Siddha system of Medicine jointly organized by NIS & CCRS.
2. Awareness programs in schools, Colleges and public.
3. Release of Books /Journals / News letter by NIS & CCRS.
4. Milestones in Siddha - Raw Drug Expo by NIS & CCRS.
5. Symposium / camps / Awareness programmes by CCRS Peripheral Institutes.

Associated Institutions / Organizations / Departments / Entrepreneurs

- ✦ All District Siddha Medical Officers (DSMO/Assistant Medical Officer) from Directorate of Indian Medicine & Homoeopathy, Govt. of Tamil Nadu
- ✦ Department of Siddha, The Tamil Nadu Dr. M.G.R. Medical University, Chennai.
- ✦ The State Licensing Authority (IM), Govt. of Tamil Nadu, Chennai
- ✦ Tamil Nadu Medical Plant Farms & Herbal Medicine Corporation Limited (TAMPCOL), Chennai.
- ✦ The Indian Medical Practitioners Co-operative Pharmacy and Stores Ltd. (IMPCOPS), Chennai.
- ✦ Government Siddha Medical College, Palayamkottai.
- ✦ Government Siddha Medical College, Chennai.
- ✦ State Medicinal Plants Board, Chennai.
- ✦ Sri Sai Ram Siddha Medical College and Research Centre, Chennai.
- ✦ Velumailu Siddha Medical College, Sriperumbudur.
- ✦ ATSVS Siddha Medical College & Hospital, Kanyakumari.
- ✦ Sivaraj Siddha Medical College, Salem.
- ✦ R.V.S. Siddha Medical College, Coimbatore.
- ✦ Maria Siddha Medical College, Thiruvattar, Kanyakumari.
- ✦ JSA Medical College for Siddha & Research Centre, Ulundhurpet.
- ✦ Nandha Siddha Medical College and Hospital, Erode.
- ✦ Excel Siddha Medical College & Research Centre, Namakkal.
- ✦ Santhigiri Siddha Medical College, Thiruvananthapuram, Kerala.
- ✦ Annai Medial College of Siddha and Research Centre, Kumbakonam.
- ✦ SIR ISSAC Newton Siddha Medical College, Nagapatinam.
- ✦ Sudha Saseendran Siddha Medical College, Kaliyakkavilai.
- ✦ Shri Indira Ganesan Siddha Medical College, Thiruchirappalli.
- ✦ Private Siddha Practitioners, Siddha Entrepreneurs and NGOs.

STEERING COMMITTEE

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- 13. Dr. R. Kannan**, President, IMPCOPS, Chennai

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Siddha Regional Research Institute, Puducherry

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Associate Professor,
National Institute of Siddha

Dr. Sugin Lal Jabaris

Research Officer (Pharmacology), Scientist-II
Siddha Central Research Institute,
Chennai

Smt. Sindu B. Prabhu

Accounts Officer, National Institute of Siddha

For further details and submission of registration forms

E-mail: siddhaday2023@gmail.com

Last date for Registration: 23.12.2023

Registration Link : <https://forms.gle/hGeHB3LMNxEf8BGv8>