



सत्यमेव जयते  
Ministry of Ayush



**Organized by**

**Central Council for Research in Siddha**

Ministry of Ayush, Govt. of India

**National Institute of Siddha**  
Ministry of Ayush, Govt. of India

**Directorate of Indian Medicine and Homoeopathy**  
Govt. of Tamil Nadu

&

**SEED Trust**  
Tirunelveli

**About the Symposium**

This symposium is aimed to tackle the burden of Diabetes which is high and increasing globally, and in developing economies like India, mainly fuelled by the increasing prevalence of overweight/obesity and unhealthy lifestyles. According to the ICMR-INDIAB-17 national cross-sectional study estimates, the prevalence of diabetes and prediabetes in India is 101 million and 136 million, respectively that are much higher than earlier estimates in 2019 (77 million), which is expected to rise to over 134 million by 2045. Approximately 57% of these individuals remain undiagnosed. Uncontrolled diabetes leads to increased risk of vascular disease and much of the burden of type 2 diabetes is caused by macrovascular (cardiovascular (CV), cerebrovascular, and peripheral artery disease) and microvascular (diabetic retinopathy, nephropathy, and neuropathy) complications.

Diabetic complications are the significant cause for increased premature morbidity and

mortality among individuals with diabetes, leading to reduced life expectancy and financial and other costs of diabetes leading to profound economic burden on the Indian health care system. To curb the epidemic of diabetes and its associated complications, there is a need for a multipronged strategy including equipping the AYUSH students and physicians to handle the epidemic.

In this regard, Central Council for Research in Siddha, National Institute of Siddha, Directorate of Indian Medicine and Homeopathy, Govt. of Tamil Nadu and SEED Trust is jointly organising the symposium on "Recent Trends and Siddha Management of Diabetes.

**Expected participants**

Final year BSMS students, Internees (CRR), Siddha Post graduate students, Research scholars, Faculty, Medical officers & Practitioners.

**About the Organizers**

**Central Council for Research in Siddha (CCRS)**

The Central Council for Research in Siddha (CCRS) was established w.e.f September 2010 through the bifurcation from the erstwhile Central Council for Research in Ayurveda and Siddha (CCRAS). CCRS is an autonomous body under Ministry of Ayush for setting standards and research guidelines in the field of Siddha. It has 9 peripheral Institutes/Units – three are located in Tamil Nadu, 1 each in Puducherry, Kerala, Karnataka, Andhra Pradesh, New Delhi and Goa. CCRS through its peripheral Institutes / Units undertakes clinical research, drug research, medicinal plants research, literary research and fundamental research.

**National Institute of Siddha (NIS)**

NIS, is an autonomous organization under the Ministry of Ayush, Government of India. The

**Symposium on**

**"Recent Trends and Siddha Management of Diabetes"**

**9<sup>th</sup> September 2023**  
**(9.00 am to 5.00 pm)**

**Venue**

**National Institute of Siddha (MP Hall)**  
**Tambaram Sanatorium**  
**Chennai- 600 047**

institution was dedicated to the Nation on 3rd September 2005 by Dr. Manmohan Singh, the then Hon'ble Prime Minister of India. NIS is striving to be a Centre of Excellence in Siddha system of Medicine. The Institute offers undergraduate, postgraduate courses in 8 disciplines and doctoral research programmes in Siddha, provides medical care and undertakes research to promote and propagate the Siddha system of medicine. Ayothidoss Pandithar hospital attached with NIS is a 200-bedded NABH accredited hospital.

### **Directorate of Indian Medicine & Homoeopathy (DIM & H)**

The Directorate of Indian Medicine and Homoeopathy was established by the Government of Tamil Nadu in the year 1970. The Department of Indian Medicine and Homoeopathy was established to look after the Ayush Medical Systems. The Department is functioning with the following aims and objectives: providing health care services to the public through Indian Systems of Medicine and Homoeopathy, providing and monitoring education and research activities in Indian systems of Medicine, promoting the cultivation of medicinal plants, etc.

### **SEED Trust**

Siddha Ever-green Eighty-seven Doctors Trust was established in the year 2015 with a vision to provide assistance, care and support to the needy and under-privileged people along with Non- Communicable Diseases (NCD) and associated life-threatening sequelae. The members of the trust are alumni of Siddha Medical College, Palayamkottai 1987-92 batch, rendering a ray of hope to the deprived through medical camps and awareness programs. They are also involved in organising conferences, lectures, seminars, practical demonstrations and exhibitions in Siddha and AYUSH principles.

### **Programme**

9.00 - 9.30am **Registration**  
9.31- 10.30am **Inaugural Ceremony**

#### **Welcome address & Opening remarks**

**Prof. Dr. R. Meenakumari**  
Director General, (Additional Charge), CCRS & Director, National Institute of Siddha, Chennai

#### **Thematic address - Vision, Scope & Targets in DM management with Siddha Science**

**Dr. G. Sivaraman**  
Managing Director, Arogya Health Care Pvt. Ltd., & Member, State Planning Commission, Tamil Nadu

#### **Chief Guest & Keynote address**

**Dr. Soumya Swaminathan**  
Former Chief Scientist, World Health Organization & Chairman, MS Swaminathan Research Foundation, Chennai

#### **Guest of Honour & Special address**

**Tmt. Shilpa Prabhakar Satish**  
Mission Director, National Health Mission – Tamil Nadu, Chennai

#### **Plenary Session I – Understanding the concepts & newer updates in the management of Diabetes**

**Prof. Dr. A. Shanmugam**  
Professor & Head, Dr. Ambedkar Institute of Diabetes, Kilpauk Medical College & Hospital, Chennai

#### **Plenary Session II- Development of Protocols for Diabetic Research**

**Dr. P. Manickam**  
Scientist F, NIE, ICMR, Chennai

#### **Plenary Session III - Pathophysiology of Diabetes Mellitus in Siddha perspective**

**Prof. Dr. G. J. Christian**  
Head, Dept. of Noi Naadal & Hospital Superintendent, NIS, Chennai

#### **Plenary Session IV - Research undertaken on Diabetes Mellitus using Siddha formulations**

**Dr. P. Sathiya Rajeswaran**  
Asst. Director (Siddha), S-IV & i/c of SRRI, Puducherry

#### **Plenary Session V -Dietary regimen to mitigate the morbidity of Diabetes Mellitus**

**Dr. D. Sathyanath**  
Senior Medical Officer,  
National Institute of Naturopathy (NIN), Pune

#### **Concluding remarks**

**Dr. G. Sivaraman**  
Managing Director, Arogya Healthcare Pvt. Ltd. & Member, State Planning Commission, Tamil Nadu

#### **Guest of Honour & Valedictory address**

**Prof. Arun Chockalingam**  
Emeritus Professor, Global/Public Health,  
University of Toronto

#### **Vote of Thanks**

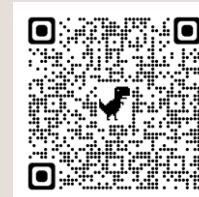
**Dr. S.A. Ponnambalam**  
Managing Trustee- SEED Trust, Tirunelveli

#### **Registration Fee**

- Final BSMS, CRRI, PG & Ph.D. Students (Siddha), Faculty, Medical officers & Practitioners - Rs.100/-
- Registration fee can be paid through Demand Draft/ Online transfer
- DD in favour of "Misc. A/c No. 32142630681 of CCRS" payable at Chennai
- UPI (Gpay) Bank transfer Name: Misc. A/c of CCRS; A/c No.:32142630681
- IFSC Code: SBIN0017767

**Registration will be on first-come first-served basis and will be strictly restricted to 400 Nos.**

**To register use the Google registration form link <https://forms.gle/WspDg4dxMn1tg1Av9>**



#### **For Further Details**

**Dr. R. Meena**  
Research Officer  
(Siddha), CCRS  
Mobile:9444088634

**Dr. B. R. Senthilkumar**  
Head In-charge  
Dept. of Physiology, NIS  
Mobile:9962240516