



सत्यमेव जयते

With the support of

MINISTRY OF AYUSH  
GOVT. OF INDIA



# SIDDHA DAY 2021

23<sup>rd</sup> December, 2021

**Theme: Strength of Siddha for communicable diseases**

**Venue: Chennai Trade Centre, Nandambakkam, Chennai - 600089.**

Organized by



**Central Council for Research in Siddha  
Ministry of Ayush, Govt. of India**



**National Institute of Siddha  
Ministry of Ayush, Govt. of India**

In association with



**Directorate of Indian Medicine and Homoeopathy, Govt. of Tamil Nadu**

## Siddha System of Medicine

Siddha system of medicine is one of the oldest codified traditions of healthcare in the Indian sub-continent with novel therapeutic interventions and treatment modalities. It enjoys state patronage as part of the officially recognized Ayush systems and caters to considerable proportion of population through public and private health care facilities. Siddha system has a growing institutional network for education and training, health services, research and manufacturing of drugs. Establishment of National Institute and Research Council for Siddha has galvanized the development process by imbibing quality benchmarks in postgraduate education and research, standardization and validation of drugs, improved outreach in the public health system and multifarious professional capacity of the Siddha practitioners.

The uniqueness of the Siddha medicine lies in its holistic approach -- the physical, mental, social and spiritual well-being by adapting simple lifestyle practices, dietary regimens relevant to six tastes, usage of safe and effective plant-based drugs and drugs of mineral and animal origin. Siddha *Kaya karpam* and the external therapies like *Varmam* and *Thokkanam* also add strength to the system. The cornerstone of Siddha medicine for healthy living is food and life style. 'Food itself is medicine and medicine itself is food' is one of the basic principles of Siddha system of medicine.

### Observance of the Siddha Day

Siddhar Agathiyar is considered as the father of Siddha Medicine and was born in Star *Ayilyam* in the Tamil month of *Margazhi*. The Ministry of Ayush, Govt. of India has accorded approval for observing his birthday as Siddha Day every year. This year the 5<sup>th</sup> Siddha Day falls on 23<sup>rd</sup> December, 2021.

### Objectives of the Siddha Day

- To sensitize the public about the Siddha holistic approach of healthcare and disease prevention
- To propagate the unique strengths of Siddha Medicine
- To promote Siddha medicine into the mainstream of healthcare
- To equip the students, faculty members and practitioners of Siddha for providing standard of care
- To harness the potential of Siddha medicine in National health policy & National Health programmes

### About the Theme

Epidemics/Pandemics are mentioned as "*Uzhi Noi*" or "*Kothari Noi*" in Siddha system of medicine. In general, they are grouped under "*Kollai Noikal*" (Communicable Diseases) which crop up during "*Ayana Santhi*" months i.e. during *Adi* and *Margazhi* months in Tamil Calendar (i.e. July & December) as the immune system will be weakened during the period. Siddha literature have portrayed the notification, isolation, quarantine and disinfection for the management of communicable diseases. In Siddha System, the diseases result from the derangement of *Mukkutram*. Usually, *Thottru Noigal* (communicable diseases) are associated with *Aiya kutram* (Respiratory Illnesses). The Siddha classical text *Guru Naadi* has quoted that *Thottru Noigal* is generally caused by *Kirumi* (Pathogens). Siddha system of medicine has given promising effects during the current prevailing pandemic situation. Many Siddha formulations have played a vital role in the prevention and management of COVID -19 and also in treating asymptomatic and mild cases. The results of research studies are published in reputed peer reviewed journals. Mitigation of epidemics such as Dengue, Chikungunya, Swine flu and bird flu has been previously accomplished in Tamil Nadu through combined public health care initiatives with Siddha drugs such as *Nilavembu Kudineer*, *Adathodai Manapagu*, *Brahmanandha Bairavam* and *Seenthil Kudineer* --- as prophylactic and treatment measures.

## **About the Venue: Chennai Trade Centre, Nandambakkam**

Chennai Trade Centre is situated at Nandambakkam at a distance of 5.5 km from Chennai International Airport and connected by road facilitating easy access from the Chennai city and major International business hubs. It is promoted jointly by India Trade Promotion Organisation (Government of India) and Tamil Nadu Industrial Development Corporation (Government of Tamil Nadu). Chennai Trade Centre has established itself as the most sought out destination for all trade related activities in South India and spread over 25.48 acres of prime land. The centre has three large Exhibition Halls and a Convention Centre. The three exhibition halls extend over 10560 Square meters of air conditioned space, without any intermittent pillars of columns. The exhibition halls and Convention Centre are interconnected.

Chennai Convention Centre's facilities are of International standards and include a range of halls from 250 Sq.ft to 20,000 Sq.ft accommodating from 25 to 2000 delegates. The Convention Centre has two halls – A and B- with a total seating capacity of 2000 delegates.

### **Registration Fee:**

- UG Students, PG Students – have to register through their College.
- Practitioners & Others (**Only 50 participants – on first come first serve basis**) - Rs.100/-.
- Practitioners & Others for registration please send your request to the email id - siddhaday2021@gmail.com
- Last date for Registration : 17.12.2021

❖ Plenary lectures and cultural programmes will be held

## **About the Organizers**

### **Central Council for Research in Siddha (CCRS)**

The Central Council for Research in Siddha (CCRS) was established w.e.f September 2010 through the bifurcation from the erstwhile Central Council for Research in Ayurveda and Siddha (CCRAS). CCRS is an autonomous body under Ministry of Ayush for setting standards and research guidelines in the field of Siddha. It has eight peripheral institutes/units – three are located in Tamil Nadu, one each in Puducherry, Kerala, Karnataka, Andhra Pradesh and New Delhi. CCRS through its peripheral Institutes / Units undertakes clinical research, drug research, medicinal plants research, literary research and fundamental research. CCRS is also rendering clinical service through a Siddha wing at Ayush Wellness Clinic, Rashtrapati Bhavan, New Delhi. Extended Siddha OPDs at All India Institute of Ayurveda, Saritha Vihar, New Delhi and Pondicherry University provides Siddha treatment for the benefit of general public.

### **National Institute of Siddha (NIS)**

NIS, Chennai is an autonomous organization under the Ministry of Ayush, Government of India. The institution was dedicated to the Nation on 3<sup>rd</sup> September 2005 by Dr. Manmohan Singh, the then Hon'ble Prime Minister of India. NIS is striving to be a Centre of Excellence in Siddha system of Medicine. The Institute offers postgraduate courses in 8 disciplines and doctoral research programmes in Siddha, provides medical care and undertakes research to promote and propagate the Siddha system of medicine. Ayothidoss Pandithar hospital attached with NIS is a 200-bedded NABH accredited hospital. Apart from the regular OPD at NIS, a special tribal OPD is being conducted at Kothimangalam, Chengalpattu district and Swasthya Rakshan OPD and Swasthya parikshan camps are being conducted at 5 places in Chengalpattu and Kanchipuram districts.

### **Directorate of Indian Medicine & Homoeopathy (DIM & H)**

The Directorate of Indian Medicine and Homoeopathy was established by the Government of Tamil Nadu in the year 1970. The Department of Indian Medicine and Homoeopathy was established to look after

the Ayush Medical Systems. The Department is functioning with the following aims and objectives: providing health care services to the public through Indian Systems of Medicine and Homoeopathy, providing and monitoring education and research activities in Indian systems of Medicine, promoting the cultivation of medicinal plants, etc.

### **Associated Institutions / Organizations / Departments / Entrepreneurs**

• Dr. M. Pitchiah Kumar, The State Licensing Authority (IM), Govt. of Tamil Nadu, Chennai	• Sivaraj Siddha Medical College, Salem.
• All District Siddha Medical Officers (DSMO) from Directorate of Indian Medicine & Homoeopathy, Govt. of Tamil Nadu	• R.V.S. Siddha Medical College, Coimbatore.
Department of Siddha, The TN Dr. M.G.R. Medical University, Chennai.	• Maria Siddha Medical College, Thiruvattar, Kanyakumari.
• Government Siddha Medical College, Palayamkottai.	• JSA Medical College for Siddha & Research Centre, Ulundhurpet.
• Government Siddha Medical College, Chennai.	• Nandha Siddha Medical College and Hospital, Erode.
• Sri Sai Ram Siddha Medical College and Research Centre, Chennai.	• Excel Siddha Medical College & Research Centre, Namakkal.
• Santhigiri Siddha Medical College, Thiruvananthapuram, Kerala.	• The Indian Medical Practitioners Co-operative Pharmacy and Stores Ltd (IMPCOPS), Chennai.
• ATSVS Siddha Medical College & Hospital, Kanyakumari.	• Tamil Nadu Medical Plant Farms & Herbal Medicine Corporation Limited (TAMPCOL), Chennai.
• Velumailu Siddha Medical College, Sriperumbadur.	• Private Siddha Practitioners, Siddha Entrepreneurs and NGOs.

**Prof. Dr. K. Kanakavalli**  
Director General  
Central Council for Research in Siddha

**Prof. Dr. R. Meenakumari**  
Director,  
National Institute of Siddha

**Prof. Dr. P. Parthibhan**  
Joint Director,  
Directorate of Indian Medicine  
& Homoeopathy, Chennai

### **PATRONS**

❖ **Shri. Sarbananda Sonowal**  
Hon'ble Cabinet Minister  
Ministry of Ayush &  
Ministry of Ports, Shipping and  
Waterways

❖ **Dr. Munjpara Mahendrabhai Kalubhai**  
Hon'ble Minister of State  
Ministry of Ayush and Ministry of  
Women & Child Development

### **MENTORS**

❖ **Vaidya Rajesh Kotecha**  
Secretary, Ministry of Ayush

❖ **Shri Pramod Kumar Pathak**  
Special Secretary, Ministry of Ayush

### **ADVISOR**

❖ **Ms. Kavita Garg IDAS**  
Joint Secretary  
Ministry of Ayush

❖ **Shri D. Senthil Pandiyan IAS**  
Joint Secretary  
Ministry of Ayush

❖ **Shri S. Ganesh IAS**  
Director, Directorate of Indian  
Medicine and Homoeopathy,  
Govt. of Tamil Nadu

**For further details, submission of registration forms**

**E-mail:** siddhaday2021@gmail.com

**Last date for Registration:** 17.12.2021