



सत्यमेव जयते
Ministry of AYUSH

With the support of
Ministry of AYUSH, Government of India

SIDDHA DAY 2021



2nd January, 2021

Theme: Siddha for COVID-19

(Through Virtual Platform)

Organized by



Central Council for Research in Siddha
Ministry of AYUSH, Govt. of India



National Institute of Siddha
Ministry of AYUSH, Govt. of India

In association with



Directorate of Indian Medicine and Homoeopathy
Govt. of Tamil Nadu

Online Registration

- Registration link for the 4th Siddha day: <https://forms.gle/MXLd8gpRc4YPWGUN9>
- Registration is mandatory for receiving e-certificate
- **No registration fees**

Best Oral/e-Poster Awards

- Agathiyar award
- Thirumoolar award
- Bhogar award

For communication

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About the Organizers

Central Council for Research in Siddha (CCRS)

Central Council for Research in Siddha is the apex body for research for Siddha. It has eight peripheral institutes/ units – three in Tamil Nadu and one each in Puducherry, Kerala, New Delhi, Karnataka and Andhra Pradesh. These Institutes / Units carry out clinical research, drug research, medicinal plants research, literary research and fundamental research. The outcome of research at CCRS is evident as 8 patents have been published in the patent journal. It has been the constant effort of CCRS to generate and record evidence to support the various time-tested practices, medicines and therapies of Siddha, to seek a wider role for Siddha in the public health firmament of the country and to take the benefits of this system to people in different corners of the country and even beyond the National borders.

National Institute of Siddha (NIS)

The National Institute of Siddha, Chennai is an autonomous organization under the Ministry of AYUSH, Government of India. It has been constructed in 14.78 acres of land. This institute was registered under the societies Act 1975. This institute was dedicated to our nation by the then Hon'ble Prime Minister on 3-9-2005. The National Institute of Siddha is as an apex Institute of Siddha in the country to develop high standard of teaching, training and research in all aspects of Siddha System of Medicine with scientific approach. The Institute is offering PG education and Ph.D. programme under the regulation of Central Council of Indian Medicine (CCIM) and affiliated to The Tamil Nadu Dr. M.G.R. Medical University, Chennai for rendering Healthcare through NABH accredited 250 bedded Ayothidoss Pandithar Hospital and Research at Post Graduate and Ph.D. level.

Directorate of Indian Medicine & Homoeopathy (DIM & H)

Directorate of Indian Medicine and Homoeopathy was established by the Government of Tamil Nadu in the year 1970. The Indian Medicine and Homoeopathy Department was established to look after the AYUSH Medical Systems. The aim and objectives of Department is to provide health service to the Public through Indian systems of medicine and Homoeopathy monitor the education and research activities in Indian systems of medicine and to promote the growth of Medicinal Plants, etc. The AYUSH healthcare render its services through Major Hospitals, Medical College Hospitals, District Head Quarters Hospitals, Taluk / Non Taluk Hospitals, PHCs, Rural Dispensaries, NRHM Wings etc., and Siddha Educational Institutions.

Associated Institutions / Organizations / Departments / Entrepreneurs

- Directorate of ISM, Puducherry
- Department of AYUSH of ISM, Kerala
- Directorate of AYUSH, NCT, New Delhi
- Department of Siddha, The TN Dr. M.G.R. Medical University, Chennai
- Government Siddha Medical College, Palayamkottai
- Government Siddha Medical College, Chennai
- Department of Siddha, Tamil University, Thanjavur
- Sri Sai Ram Siddha Medical College and Research Centre, Chennai
- Velumailu Siddha Medical College, Sriperumbadur
- Santhigiri Siddha Medical College, Thiruvananthapuram, Kerala
- ATSVS Siddha Medical College & Hospital, Kanyakumari
- Sivaraj Siddha Medical College, Salem
- R.V.S. Siddha Medical College, Coimbatore
- Maria Siddha Medical College, Thiruvattar, Kanyakumari
- JSA Medical College for Siddha & Research Centre, Ulundhurpet
- Nandha Siddha Medical College and Hospital, Erode
- Excel Siddha Medical College & Research Centre, Namakkal
- The Indian Medical Practitioners Co-operative Pharmacy and Stores Ltd (IMPCOPS), Chennai
- Tamil Nadu Medical Plant Farms & Herbal Medicine Corporation Limited (TAMPCOL), Chennai
- Siddha Entrepreneurs and NGOs

Prof. Dr. K. Kanakavalli
Director General
Central Council for Research in Siddha

Prof. Dr. R. Meenakumari
Director
National Institute of Siddha

Siddha System of Medicine

Siddha is one of the ancient, codified, traditional systems of medicine and an important component of AYUSH systems providing holistic care. Siddha system emphasizes more on prevention of illness as well as promotion of health through its various internal and external dosage forms. Moreover, the strength of Siddha is its distinct therapeutic procedures namely Varmam, Thokkanam, Pura maruthuvam which have gained universal acceptance and recognition. Siddha has a structured system for imparting education, health services, research and manufacturing with the constant support from Ministry of AYUSH, Govt. of India and State AYUSH Departments in Tamil Nadu, New Delhi, Kerala, Puducherry, Karnataka and Andhra Pradesh. With the support of Hon'ble Prime Minister, Shri Narendra Modi, the creation of dedicated Ministry for AYUSH by the Govt. of India has strengthened the growth of Siddha system through the Research Council, National Institute and network of health care facilities by AYUSH Directorates.

Observance of the Siddha Day

Siddhar Agathiyar is considered as the father of Siddha Medicine and was born in Star Ayilyam in the Tamil month of Margazhi. The Ministry of AYUSH, Govt. of India has accorded approval for observing his birthday as Siddha Day every year. In the year 2021, the Ayilyam star falls on 2nd January and hence the 4th Siddha day will be observed on that day with the support from the Ministry of AYUSH. The celebration will be conducted through digital platform. The general public are to be educated about the benefits of Siddha system of Medicine and the impact of Siddha on COVID-19 through various webinars, using that day as an occasion. In addition, virtual events are planned to take the Siddha system forward by the practitioners, faculty members, students, NGOs and all stake holders of Siddha system.

Objectives of the Siddha Day

- To sensitize the public about the holistic approach of healthcare & disease prevention through Siddha principles
- To propagate the unique strengths of Siddha medicine
- To promote Siddha medicine into the mainstream of healthcare
- To equip the students, faculty members and practitioners of Siddha for providing standard of care
- To harness the potential of Siddha medicine in National Health Policy & National Health Programmes

About the Theme

The theme of the 4th Siddha day is "Siddha for COVID-19". The present COVID-19 pandemic has wrecked havoc around the entire globe. Prevention is better than cure is the doctrine of Siddha system of medicine. Siddha classics have dealt about the management of endemics and epidemics including isolation and quarantine procedures. Even prior to COVID-19, Siddha medicine has been found useful to mitigate the epidemic outbreaks of viral fevers like Chikungunya, Dengue and Bird flu. The symptoms of COVID-19 can be equated with Kabasuram. Hence, with the inputs from all stakeholders, Ministry of AYUSH, Government of India has published the guidelines for Siddha practitioners for managing COVID-19.

CCRS, NIS and DIM have joined hands in the mission to combat and mitigate COVID-19. Various formulations foretold by our Siddhars, the spiritual scientists have been repurposed in COVID-19 mitigation. The Siddha formulations have been effective in preliminary *insilico* and *invitro* studies. The interim results of the clinical trials carried out guarantee the usefulness of Siddha Medicine including a double blind randomized controlled trial, the gold standard. The evidence generated so far is a major milestone which has brought the Siddha system of Medicine to limelight. Effective functioning of stand-alone Siddha Covid Care Centres (SCCC) and its outcomes in successfully treating more than 28000 patients with no mortality has created an impact. Siddha system of medicine also has a definite role in Post Covid management and in improving the quality of life. The entire globe is looking forward for a solution in fighting against the deadly contagion. The current theme acknowledges the contribution of our Covid warriors.

Siddha Day Events

The 4th Siddha Day celebrations will be jointly organized by Central Council for Research in Siddha and National Institute of Siddha in association with Directorate of Indian Medicine and Homoeopathy (DIM&H) through virtual platform.

International Virtual Conference on Siddha for COVID-19

- Plenary lectures and panel discussion.

Siddha day pre-events through Virtual mode

- Poster Presentation
- Oral Presentation
- Success story writing will be conducted as Pre-Siddha Day events

For details about the competitions, visit CCRS and NIS website

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Shri SHRIPAD YESSO NAIK

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All District Siddha Medical Officers (DSMO) from Directorate of Indian Medicine & Homoeopathy, Govt. of Tamil Nadu