

Citizen's Charter

CENTRAL COUNCIL FOR RESEARCH IN SIDDHA

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Ministry of AYUSH, Govt. of India

CENTRAL COUNCIL FOR RESEARCH IN SIDDHA

1. INTRODUCTION:-

For the development of Siddha system of Medicine, Govt. of India, by bifurcating the erstwhile CCRAS, formed CCRS (Central Council for Research in Siddha) with its headquarters in Chennai and five Research Institutes/Units in three states namely, Tamil Nadu (Chennai, Mettur & Palayamkottai), Puducherry (Puducherry) and Kerala (Thiruvananthapuram). Siddha is a science of holistic health emphasizing both drug and diet for human health care.

The research activities of the Council include research on clinical, drug, literary, ethno medical survey through their peripheral institutes/units located in Tamil Nadu, Puducherry and Kerala. Their address list and activities are annexed. (Please see Annexure-I)

The Council is also undertaking collaborative research works with many other institutions. (Please see Annexure-II)

2. OUR MISSION & VISION:

The Mission

The Council has a mission to meet the national as well as global needs in health care through evidence based research in Siddha system of medicine and also to find the new interventions for excellence and global leadership in the field of diagnosis, prevention and management of diseases by Siddha research activities.

The Vision

The Council has the vision of preservation and transmission of knowledge and enhancement of the quality of research for developing drugs with quality, safety and efficacy through well-established preclinical and clinical research facilities --- to prevent / manage /cure the diseases of varied etiology.

3. OUR COMMITMENTS

- To undertake scientific research works in Siddha in a time-bound and cost-effective manner.
- To coordinate, aid, promote and collaborate research with different units of sister Councils and research organizations.

- To provide consultancy services for research projects and drug development (adopting both classical and modern techniques/equipments for diagnosis, evolving evidence based Siddha drug treatment/therapy and promoting Siddha drug manufacture in collaboration with the other technical organizations.)

4. OUR OBJECTIVES

- To formulate research program and projection in Siddha system of medicine in a scientific manner.
- To initiate, aid, develop and coordinate scientific research in different aspects, especially fundamental and applied aspects of Siddha.
- To prove the efficacy of the Siddha drugs through preclinical and clinical evaluation by the way of modern techniques/investigations.
- Standardization of Siddha drugs (Single / compound formulations).
- To publish research articles/papers in journals, to exhibit achievements and to propagate Siddha research outcomes for all the stakeholders.

5. OUR ACTIVITIES AND ACHIEVEMENTS:

The activities and achievements of CCRS is mainly in the area of clinical research including Health Care Research, Drug Research including Medico-Ethno-Botanical survey programme, Cultivation of Medicinal Plants, Drug standardization, Pharmacology/ Toxicological Studies and Literary Research along with Documentation and Publication.

Efficacy of drugs like Suyamagni chenduram for Peptic ulcer, coded drugs of RGX, VK2, SKX for Putru noi, 777 oil for Psoriasis, Ponnimilai chenduram, Ayabringaraja karpam, G1 – churanam for Leucoderma, D5 – churanam for Diabetes mellitus, Annabedhi chenduram for Iron deficiency anaemia, Rasagandhi melugu for Karuppai sathai kattigal, Sirupeelaiyadi kudineer for urolithiasis have been proven.

Botanical and chemical standardization, pharmacological and toxicological studies of various drugs are carried out. Through Medico ethno botanical study, **256** plants covering **169** species representing **155** genera in **96** families. Around **840** folklore claims are recorded and documented.

Herbarium with around 11,000 herbarium specimens covering **1176** species is accommodated in the Survey of Medicinal Plants Unit-Siddha, Herbarium hall at Palayamkottai. There is also a permanent Museum with 800 specimens is preserved in the Survey of Medicinal Plants Unit-Siddha, at Palayamkottai.

The Council has obtained patent for 777 oil – a medicated oil for Psoriasis (Patent granted no. 166740).

6. STANDARDS OF SERVICES/FACILITIES AVAILABLE IN OUR PERIPHERAL INSTITUTES / UNITS

SIDDHA CENTRAL RESEARCH INSTITUTE, CHENNAI:

Established in the year 1971, this institute conducts clinical research with the help of OPD/IPD, Pathology and Biochemistry departments, drug research with the Chemistry, Pharmacognosy and Pharmacology departments and literary research. This institute has its own pharmacy.

Standard of Services:

This institute is providing medical care to patients seeking Siddha medicines through its Out-Patient and In-Patient Departments (OPD & IPD). The laboratory investigations are free only for patients below poverty line, senior citizens reporting to Geriatric OPD and those participating in research projects. OPD registration fees of Rs.10/- and the fees for investigations as fixed by the Council from time to time are applicable to other patients.

Out Patient Department (OPD):

- General OPD functions from 8.00 am to 12.00 noon every day.

Special OP services :

- Diabetes Mellitus OP on Mondays.
- Geriatric OP on Tuesdays.
- Varmam and Thokkanam on all days.
Timing : 8.00.am. to 12.00 noon

In-Patient Department (IPD):

- 50 - bedded hospital
- Patients willing to participate in Research Projects are admitted in IPD wards available separately for both males and females and treated free of cost.
- Visitors are allowed only between 4.00 pm and 6.00pm.

Investigation facilities / Laboratories:

- The facilities for pathological and bio-chemical tests are available from 8.00 am to 11.30 am.
- Investigation facilities to the OPD/IPD research cases, senior citizens reporting to Geriatric OPD and patients below poverty line are provided free of cost.
- The charges for investigation as fixed by the Council will be collected from the patients of general category.
- The investigations include X-Ray, Clinical Pathology and Biochemistry.

Other facilities:

- Wheel chairs and walkers are available
- Generator is available for uninterrupted power supply
- Adequate drinking water and toilet facilities are available
- Lift is available

Information Display:

- Signage indicating OPD/IPD and various departments are fixed at relevant places.
- There is one enquiry cum registration counter
- Any information regarding OPD/IPD is available over phone No.044-26214925. **Emergency:**

In case of emergency, needing conventional treatment, the patients are referred to KMC/Anna peripheral hospital/Govt. hospital, Chennai.

Other Services:

Providing services like authentication, standardization, pharmacological studies of drugs to the research scholars / students through departments of Pharmacognosy, Chemistry and Pharmacology respectively. Charges for different types of service are annexed (Please see Annexure-III).

Herbarium and Museum:

120 Herbarium specimens and 150 raw drugs are being maintained.

Library Services:

This institute has literary research and documentation department(LR&DD). In the library, 2200 Manuscripts, 3507 books of Siddha and various subjects and 460 back volumes are maintained. Publications are available for sale with considerable discount for students / research scholars. The price list of the publications are annexed (Please see Annexure-IV).

SIDDHA REGIONAL RESEARCH INSTITUTE, PUDUCHERRY:

Established in 22nd August, 1979, this institute is functioning in its own premises at Kuyavarpalayam, Puducherry since 2003 with a well maintained campus and picturesque herbal garden having around 150 medicinal plants. This attracts the public, students and research scholars of other institutes.

Standard of Services:

Siddha Regional Research Institute (SRRI), Puducherry conducts clinical research and provides health care for various diseases through Siddha system of medicine as an adjunct to research pursuits.

Out Patient Department (OPD):

- General OPD functions from 8.00 am to 12.00 noon every day.
- OPD remains closed on Sundays, Second Saturdays and Gazetted holidays.

Special OP Services:

- Geriatric OP on Tuesdays
 - Varmam and Thokkanam on all days
- Timing: 8.00.am. to 12.00 noon

In-Patient Department (IPD):

- 25 - bedded hospital
- Patients willing to participate in research projects are admitted in IPD wards available separately for both males & females and treated free of cost.
- Visitors are allowed only between 4.00 pm and 6.00 pm.

Investigation Facilities / Laboratories:

- The facilities for pathological and bio-chemical tests are available from 8.00 am to 11.30 am.
- Investigation facilities are provided free of cost to the OPD/IPD research cases, senior citizens reporting to Geriatric OPD and patients below poverty line.
- The charges for investigation as fixed by the Council will be collected from the patients of general category.
- The investigations are done by departments of Clinical Pathology and Biochemistry.

Miscellaneous facilities

- Wheel chairs and walkers are available
- Generator is available for uninterrupted power supply
- Adequate drinking water and toilet facilities are available

Information Display:

- Signage indicating OPD/IPD and various departments are fixed at relevant places.
- There is one Enquiry Counter cum Registration Counter
- Any information regarding OPD/IPD is available over phone 0413 - 2245072

Emergency:

- There is no provision for emergency services; however one duty doctor is available during day time. In case of emergencies, doctor will be available on call on duty.
- In case of emergency requiring conventional treatment, the patients are referred to JIPMER / Govt. hospital, Puducherry.

Books for Sale:

CCRS research publications in Tamil/ English/ Hindi are available for sales with considerable discounts for students/ research scholars.

SIDDHA REGIONAL RESEARCH INSTITUTE, THIRUVANANTHAPURAM:

- In 1986, a Clinical Research Unit (Siddha) was established at Poojapura, Thiruvananthapuram.
- The Siddha Regional Research Institute (SRRI), Poojapura, Thiruvananthapuram was established in the month of November 2010, by merging the Drug standardization unit (Siddha) and Clinical Research Unit (Siddha).

SERVICES AVAILABLE:

Out Patient Department (OPD):

- General O.P.D: - 9.30 am to 12.30 pm every day except Sundays, Second Saturdays and Government holidays.

Special OP Services :

- Geriatric OP on Tuesdays
- Varmam on Tuesdays, Thursdays and Saturdays
Timing: 9.30 am to 12.30 pm

Drug Research:

- Drug standardization programme is done for evolving standards of single drugs and compound formulations used in Siddha system of medicine, and for establishing the pharmacopoeial standards.
- Phyto-chemical investigations of single drugs as well as compound formulations.

SIDDHA CLINICAL RESEARCH UNIT, PALAYAMKOTTAI

Established on 6th February 1980, this clinical unit focuses on clinical research.

SERVICES AVAILABLE:

Out Patient Department (OPD):

- General O.P.D: - 7.30 am to 12 noon every day except Sundays, Second Saturdays and Government holidays.
- Geriatric O.P.D: - 7.30 am to 12 noon on Tuesdays.

In-patient Department (IPD):

- 10 beds have been allotted for SCRUC in the IPD of GSMC, Palayamkottai (5 for male & 5 for female)
- Patients willing to participate in research projects are admitted in IPD wards available separately for both males & females (Tamil Nadu Government has provided these facilities).

Investigation facilities/Laboratories:

- The facilities for pathological and bio-chemical investigations are provided by the TamilNadu Government free of cost.

SIDDHA MEDICINAL PLANTS GARDEN, METTUR

Management and Development of Siddha Medicinal Plants Garden:

Maintenance and development of Siddha Medicinal Plants garden including Model herbal garden I and II, Arboretum, and Polygreen house.

Developed a model garden-I with 236 individual species and an Arboretum with 483 trees covering 176 species. Added 369 live plants in the **Polygreen house** covering **314 species** including **31 RET** sp.

Cultivation of medicinal plants.

Undertook major cultivation of 7 medicinal plants and trial cultivation of 5 medicinal plants.

NMPB project:

Construction of petaloid pond with fountain to grow aquatics along with the establishment of a model herbal garden Phase-II.

Medico ethno botanical study.

Medico- ethno -botanical study was carried out to assess the medicinal plant wealth and to supply drugs to CCRS institutes. In addition to the collection of medicinal plants, live

plants/seedlings are also collected to introduce / add in the Siddha Medicinal Plants Garden, Mettur dam.

Nursery:

A nursery has been started with 106 medicinal plants catering to the need of medicinal plant growers. The cost of seedlings is at a nominal rate of Rs.10 to 50 only

Herbarium and Museum:

A permanent **Herbarium** with around **11000 herbarium** specimens covering **1176** species is accommodated in the Survey of Medicinal Plants Unit (Siddha) Herbarium hall at Palayamkottai. A permanent **Museum** with 800 specimens is preserved in the Survey of Medicinal Plants Unit (Siddha) Museum hall at Palayamkottai. More than 300 museum samples are collected and preserved at Siddha Medicinal Plants Garden, Mettur dam.

Folklore claims:

Around **840 folklore claims** have been recorded and documented by interacting with the vaidyas and tribal community.

Scientific services:

- Providing botanical identity to the research scholars/students/vaidyas.
- Providing authentic plant material for research scholars with botanical identity and thus generates income to SMPG, Mettur dam.
- Providing library references to students and research scholars.
- Guiding the research students of Arts and Science College and Siddha medical students in pursuing the reference in the office library.
- Participation in Radio / Television programmes to create awareness on medicinal plants and their importance.
- Providing medicinal plant seedlings at nominal cost for the cultivation of medicinal plants.
- Guiding the research scholars/students of Science and Arts College / Matriculation and Higher secondary school and Siddha practitioners who visit the Siddha medicinal plants garden and create awareness on the importance of medicinal plants garden.
- Guiding the public / visitors of Medicinal Plants Garden –Siddha, Mettur Dam and creating awareness on the conservation of medicinal plants and their importance.

Review:

The council intends to review the Citizen's Charter periodically. (For details visit our website)

Complaints & Grievances:

The complaints and grievances may be addressed to:

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E-mail: ccrschennai@gmail.com

Ministry of AYUSH,

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For Further information, please contact:

Director General,

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Annexure-I

ADDRESSES OF CCRS INSTITUTES/UNITS AND THEIR ACTIVITIES:

Sl. No	Name of the Unit	Telephone Nos.	Areas of Research
1	<p>Director In-charge, Siddha Central Research Institute, Anna Govt. Hospital Campus, Arumbakkam, Chennai-600 106.</p>	<p>Phone: 044 - 2621 4925 Fax: 044 - 26214809 Email:crisiddha@gmail.com</p>	<ul style="list-style-type: none"> ➤ <i>Puttru noi</i> (Cancer) ➤ <i>Kalanjagapadai</i> (Psoriasis) ➤ <i>Santhu vatha soolai</i> (Rheumatoid arthritis) ➤ <i>Manjal kamalai</i> (Infective hepatitis) ➤ <i>Venpadai</i> (Vitiligo) ➤ <i>Neerizhivu</i> (Diabetes mellitus) ➤ <i>Vali gunmam</i> (Peptic Ulcer) ➤ <i>Veluppunoi</i> (Iron Deficiency Anaemia)
2	<p>Asst. Director In-charge Siddha Regional Research Institute Chellaperumal Street Kuyavarpalayam, Puducherry.</p>	<p>Phone: 0413 - 2245072 Fax: 0413 - 2244042 Email: rrisiddha@yahoo.co.in</p>	<ul style="list-style-type: none"> ➤ <i>Vellai</i>(Leucorrhoea) ➤ <i>Karappan</i> (Eczema) ➤ <i>Veluppu</i> (Anaemia) ➤ <i>Gunmam</i> (Pepticulcer) ➤ <i>Peruvayiru</i>(Ascites) ➤ <i>Vathasoolai</i> (Rheumatism) ➤ <i>Venpadai</i>(Leucoderma) ➤ <i>Veluppunoi</i> (Iron Deficiency Anaemia) ➤ <i>Neerizhivu</i> (Diabetes mellitus) ➤ <i>KaruppaisathaiKattigal</i> (Fibroid uterus) ➤ <i>Azhal keel vayu</i> (Osteo arthritis) ➤ <i>Kalladaippu</i> (Urolithiasis)

3.	Research Officer In-charge, Siddha Regional Research Institute, Thiruvananthapuram.	Email: srritvm10@gmail.com Telephone: 0471 - 2341832	<ul style="list-style-type: none"> ➤ Varmam Therapy ➤ Azhal keel vayu (Osteo arthritis) ➤ Neerkovai noi (Sinusitis)
4.	Research Officer In-charge Siddha Clinical Research Unit, Govt. Siddha Medical College Campus, Palayamkottai.	Telephone: 0462 - 2573736 Email: crusiddha.palay@gmail.com	<ul style="list-style-type: none"> ➤ <i>Kakkaivalippu</i> (Epilepsy) ➤ <i>Pandu</i> (Anaemia) ➤ <i>Kazhichal</i> (Diarrhoea) ➤ <i>Muraisuram</i> (Periodic fever) ➤ <i>Gunmam</i> (Peptic ulcer) ➤ <i>Kalanjagapadai</i> (Psoriasis) ➤ <i>Keel vayu</i> (Rheumatic arthritis) ➤ <i>Karappan</i> (Eczema) ➤ <i>Moolam</i> (Haemorrhoids) ➤ <i>Veluppunoi</i> (Iron Deficiency Anaemia)
5.	Research Officer In-charge, Siddha Medicinal Plants Garden, Mettur Dam.	04298-243773 Email:smpgmettur@gmail.com	<ul style="list-style-type: none"> ➤ Management and Development of Siddha-Medicinal Plants Garden ➤ Cultivation of medicinal Plants ➤ NMPB project: ➤ Medico-ethno botanical study

Annexure-II

DETAILS OF COLLABORATIVE RESEARCH

S. No.	University / Institute / Organization	Objectives	Date of Signing & Validity Period	Approval of Headquarter (Letter No.)
1.	National Institute of Siddha	<ul style="list-style-type: none"> ➤ Clinical studies for establishing evidence based system in Siddha ➤ Drug development, efficacy of drugs, establishing diagnostic methods and other areas of basic medical and allied sciences research ➤ Postgraduate and Doctoral Research project work 	10.09.2008 - 10.09.2013	Signed by Director General
2.	TN DR MGR Medical University	<ul style="list-style-type: none"> ➤ Organizing and participating in joint symposia/ conference/ workshops short term refresher courses ➤ Extending pre clinical toxicology and pharmacokinetics / clinical and trial facilities for bio products 	19.02.09 - 19.02.14	Signed by Director General
3.	ATSVS Siddha Medical College	<ul style="list-style-type: none"> ➤ Digitization of Medical manuscripts 	22.09.2009 22.09.2011	F.13-21/2009- CCRAS/admn/Omm. Dt.5-10-2009 O.O.No 20031/2009
4.	Medical Manuscript Research Center	<ul style="list-style-type: none"> ➤ Digitization of Medical manuscripts 	19.09.2009 19.09.2011	F.No.Z.28016/07/2009- IECdt.4-08-09
5.	Centre for Traditional medicine and research	<ul style="list-style-type: none"> ➤ Digitization of Medical manuscripts 	16.03.2011	F.No.Z.28016/4/2010- IEC dt.20.01.2011