

Introduction:

Central Council for Research in Siddha (CCRS) was established, as per the cabinet approval, by bifurcating the erstwhile Central Council for Research in Ayurveda and Siddha (CCRAS) to promote more focused research in Siddha system of Medicine. The Council has been registered under the Tamilnadu Societies Registration Act, 1975, on 27th July, 2010 in Chennai. The Headquarters of CCRS is located in Chennai. Temporarily it is functioning in the premises of Siddha Central Research Institute, Chennai. The Council is continuing its activities in the areas of Medicinal Plants Research (Medico-ethno Botanical Survey, Cultivation, and Pharmacognosy), Drug Standardization, Pharmacological Research, Fundamental Research, Clinical Research and Literary Research. A Siddha outpatient wing was started in AYUSH wellness clinic, President Estate, Rastrapati Bhawan, New Delhi in July, 2015. A Siddha Clinical Research Unit (SCRU) started functioning in Ayurveda & Unani Tibbia College Campus, Karol Bagh, New Delhi since February 2016. A weekly 2 day Siddha OP clinic started functioning in All India Institute of Ayurveda, Saritha Vihar, New Delhi since March 2016. A new Siddha Clinical Research Unit (SCRU) started functioning at Govt. Sri Jayachamarajendra Ayurveda Medical College and Hospital Campus, Dhanvantri Road, Bengaluru since May, 2017.

The main objectives are:

- To explore literary resources hidden in old manuscripts for formulations, diagnostic procedures and treatment techniques and validate them scientifically.
- To promote cultivation, conservation and survey of medicinal plants and to promote organic cultivation.
- To generate data on safety, standardisation and quality control of Siddha products.
- To develop evidence based clinical research on efficacy of Siddha drugs.
- To standardize higher order medicines like Kaṭṭu, Kaṭaṅku, Urukku, Cattu and make them compatible.
- To standardize the external therapies with special reference to Pressure Manipulation Therapy (Varmam) and Physical Manipulation Therapy (Tokkaṇam).