



सत्यमेव जयते



**National Conference on
“Strength of Siddha Medicine for Communicable Diseases”**

3rd & 4th December 2021

Venue: Tamil Nadu Agricultural University, Coimbatore

Organized by

Central Council for Research in Siddha

National Institute of Siddha

(under the aegis of Ministry of Ayush)

&

Directorate of Indian Medicine and Homoeopathy,

Government of Tamil Nadu

Central Council for Research in Siddha (CCRS)

The Central Council for Research in Siddha (CCRS) was established w.e.f September 2010 through the bifurcation from the erstwhile Central Council for Research in Ayurveda and Siddha (CCRAS). CCRS is an autonomous body under Ministry of Ayush for setting standards and research guidelines in the field of Siddha. It has eight peripheral institutes/units – three are located in Tamil Nadu, one each in Puducherry, Kerala, Karnataka, Andhra Pradesh and New Delhi. CCRS through its peripheral Institutes / Units undertakes clinical research, drug research, medicinal plants research, literary research and fundamentals research. CCRS is also rendering clinical service through a Siddha wing at Ayush Wellness Clinic, Rashtrapati Bhavan, New Delhi. Extended Siddha OPDs at All India Institute of Ayurveda, Saritha Vihar, New Delhi and Pondicherry University provide Siddha treatment for the public.

National Institute of Siddha (NIS)

NIS, Chennai is an autonomous organization under the Ministry of Ayush, Government of India. The institution was dedicated to the Nation on 3rd September 2005 by Dr. Manmohan Singh, the then Hon'ble Prime Minister of India. NIS is striving to be a Centre of Excellence in Siddha system of Medicine. The Institute offers postgraduate courses in 8 disciplines and doctoral research programmes in Siddha, provides medical care and undertakes research to promote and propagate the Siddha system of medicine. Ayothidoss Pandithar hospital attached with NIS is a 200-bedded NABH accredited hospital. Apart from the regular OPD at NIS, a special tribal OPD is being conducted at Kothimangalam, Chengalpattu district and Swasthya Rakshan OPD and Swasthya parikshan camps are being conducted at 5 places in Chengalpattu and Kanchipuram districts.

Directorate of Indian Medicine & Homoeopathy (DIM & H)

The Directorate of Indian Medicine and Homoeopathy was established by the Government of Tamil Nadu in the year 1970. The Department of Indian Medicine and Homoeopathy was established to look after the Ayush Medical Systems. The Department is functioning with the following aims and objectives: providing health care services to the public through Indian Systems of Medicine and Homoeopathy, providing and monitoring education and research activities in Indian systems of Medicine, promoting the cultivation of medicinal plants, etc.

Siddha System of Medicine

Siddha system of medicine is one of the oldest codified traditions of healthcare in the Indian sub-continent with novel therapeutic interventions and treatment modalities. It enjoys state patronage as part of the officially recognized Ayush systems and caters to considerable proportion of population through public and private health care facilities. Siddha system has a growing institutional network for education and training, health services, research and manufacturing of drugs. Establishment of National Institute and Research Council for Siddha has galvanized the development process by imbibing quality benchmarks in postgraduate education and research, standardization and validation of drugs, improved outreach in the public health system and multifarious professional capacity of the Siddha practitioners.

The uniqueness of the Siddha medicine lies in its holistic approach -- the physical, mental, social and spiritual well-being by adapting simple lifestyle practices, dietary regimens relevant to six tastes, usage of safe and effective plant-based drugs and drugs of mineral and animal origin. Siddha *Kaya karpam* and the external therapies like *Varmam* and *Thokkanam* also add strength to the system. The cornerstone of Siddha medicine for healthy living is food and life style. 'Food itself is medicine and medicine itself is food' is one of the basic principles of Siddha system of medicine.

About the Conference

Epidemics/Pandemics are mentioned as “*Uzhi Noi*” or “*Kothari Noi*” in Siddha system of medicine. In general, they are grouped under “*Kollai Noikal*” (Communicable Diseases) which crop up during “*Ayana Santhi*” months i.e. during *Adi* and *Margazhi* months in Tamil Calendar (i.e. July & December) as the immune system will be weakened during the period. Siddha literature have portrayed the notification, isolation, quarantine and disinfection for the management of communicable diseases. In Siddha System, the diseases result from the derangement of *Mukkutram*. Usually, *Thottru Noigal* (communicable diseases) are associated with *Aiya kutram* (Respiratory Illnesses). The Siddha classical text *Guru Naadi* has quoted that *Thottru Noigal* is generally caused by *Kirumi* (Pathogens). Siddha system of medicine has given promising effects during the current prevailing pandemic situation. The Siddha drug *Kaba Sura Kudineer* played a vital role in the prevention and management of COVID -19 and also in treating asymptomatic and mild cases. The results of research studies are published in reputed peer reviewed journals. Mitigation of epidemics such as Dengue, Chikungunya, Swine flu and bird flu has been previously accomplished in Tamil Nadu through combined public health care initiatives with Siddha drugs such as *Nilavembu Kudineer*, *Adathodai Manapagu*, *Brahmanandha Bairavam* and *Seenthil Kudineer* --- as prophylactic and treatment measures. Dissemination of knowledge and experiential sharing through this kind of conference also open up avenues for achieving the objectives of Siddha medical Science.

About Tamil Nadu Agricultural University, Coimbatore

The Tamil Nadu Agricultural University (TNAU) had its genesis from establishment of an Agricultural School at Saidapet, Madras, Tamil Nadu, as early as 1868 and it was later relocated at Coimbatore. TNAU assumed full responsibilities of Agricultural Education and Research and supported the State Agricultural Department by delivering research products. Till 1946, the Agricultural College and Research Institute, Coimbatore, was the only institute for Agricultural Education for the whole of South India. In 1958, it was recognized as a Post-graduate centre leading to Masters and Doctoral degrees. The Agricultural College and Research Institute, Madurai was established in 1965. These two colleges formed the nucleus of the Tamil Nadu Agricultural University while it was established in 1971. The University offers B.Sc, B.Tech and B.E courses. Apart from these academic institutes, the University now has research programs at more than 32 stations, spread over Tamil Nadu with more than 1200 scientists and teaching faculty.

Abstracts are invited on the theme of “Strength of Siddha Medicine for Communicable Diseases” and subthemes given below:

- Siddha system of medicine in the management of Vector borne diseases
- Post COVID management through Siddha system of medicine.
- Harnessing the preclinical models for communicable diseases.
- Infectious diseases -- prevention, control and care through Siddha system of medicine.
- Anti-microbial activities of Siddha drugs.
- Preparing a research protocol in line with pandemic mitigation.
- Literature evidences of communicable diseases in Siddha system of medicine.
- In vitro and in vivo studies of Siddha medicines indicated for communicable diseases.
- Siddha diet and nutrition in communicable diseases.
- Siddha diagnostic and prognostic tools for identification of communicable diseases.
- Limitations of Siddha system of medicine in the management of communicable diseases during the current pandemic situation.
- Siddha classical formulations versus Proprietary Medicines in combating COVID-19.

Abstracts Submission Guidelines:

- Title: Times New Roman, Font 12, Bold
- Author: Name of authors with affiliation of each author and email ID of presenting author. Times New Roman, Font: 10, Italicize the presenting author
- Only Structured abstract is preferred: Background / objectives, methods, results, conclusion, 5 keywords, Times New Roman, Font 12, single spacing, all headings bold. Not more than 250 words
- Mention the mode of presentation: oral / poster
- Final decision pertaining to the selection for oral / poster presentation rests with the scientific committee.
- Only original unpublished research articles / case reports will be accepted.
- Registration for conference is mandatory for oral / poster presentation.
- Guidelines for presentation will be available on <http://siddhacouncil.com>
- Plenary lectures by eminent speakers.

Awards for Siddha and Life sciences categories:

Best paper award for Siddha students (UG/PG) and life sciences categories - poster and oral presentations.

1. First Prize - Rs. **5000/-**
2. Second Prize - Rs. **3000/-**
3. Third Prize - Rs. **2000/-**

Registration Fee:

- UG students - Rs. 100/-
- PG students & others - Rs. 200/-
- Registration fee can be paid through Demand Draft/ Online transfer
- DD in favour of "Siddha Day of CCRS" payable at Chennai

Name	: Siddha Day
A/c No.	: 38947137438
Bank	: State Bank of India
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Branch	: Aminjikai, Chennai

Important Dates to Remember:

- a) Last date for registration : 30.11.2021
- b) Link for registration : <https://forms.gle/HtdK8z8KCGXjwqHh7>
- c) E-mail for abstract submission : conferencesiddha2021@gmail.com
- d) Last date for abstract submission : 20.11.2021
- e) Last date for full paper submission : 25.11.2021
- f) For further details : <http://siddhacouncil.com/>

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