

## Guidelines for abstract / full Paper:

The organizers of the Seminar are inviting scientific abstracts / full papers for Poster presentations. Abstracts of the papers in any of the above mentioned themes can be submitted followed by the full papers. The related theme has to be mentioned at the top of the abstract / full paper. The abstracts should not contain more than 250 words. Typed in MS word, Times New Roman, Font 12 and space 1.5, it should be sent through email to the organizers in time. Review articles/papers are also invited with proper justifications along with the citations on the said themes. The soft copies of the abstract / full papers should be sent to the email (srritsiddhaday@gmail.com) before 5<sup>th</sup> December 2018.

## Important Dates:

### Abstract Submission

Last date for submission of abstract/full paper: 5<sup>th</sup> December 2018

Last date for Registration: 5<sup>th</sup> December 2018

### For more information

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Pre-Siddha Day Seminar on  
"Fundamental Principles in  
Siddha System of Medicine" (FPSSM -2018)

On  
11<sup>th</sup> December 2018

### REGISTRATION FORM

Name: .....

Date of Birth: ..... Gender: M / F

Qualification: .....

Designation / Profession: .....

College / University / Organization: .....

Address: .....

City / Town: .....

State: ..... Pin: .....

Email: .....

Mobile: .....

Research field: .....

Title of the Abstract: .....

Participation/Presentation:

Date: .....

Place: ..... (Signature)

Note: You can send your Registration Form in the above format.

Please send the filled in registration form to:

Organizing Secretary

**Dr. A. Kanagarajan**

Assistant Director (S), In-charge  
Siddha Regional Research Institute  
Poojappura, Thiruvananthapuram - 695 012, Kerala

सिद्ध क्षेत्रीय अनुसन्धान संस्थान  
**SIDDHA REGIONAL RESEARCH INSTITUTE**  
Poojappura, Thiruvananthapuram, Kerala



केन्द्रीय सिद्ध अनुसन्धान परिषद्  
**Central Council for Research in Siddha**  
(Ministry of AYUSH, Government of India)

Pre-Siddha Day Seminar on  
"Fundamental Principles in  
Siddha System of Medicine"  
(FPSSM -2018)

On  
11<sup>th</sup> December 2018



VENUE:

**Santhigiri Siddha Medical College,**  
Pothencode, Thiruvananthapuram, Kerala

Organized by  
**SIDDHA REGIONAL RESEARCH INSTITUTE**  
Poojappura, Thiruvananthapuram, Kerala  
Phone: 0471 - 2341832  
E-mail: srritsiddhaday@gmail.com

Dear Friends and Delegates,

We cordially invite you to take part in the Pre-Siddha Day Seminar on "Fundamental Principles in Siddha System of Medicine (FPSSM - 2018)" organized by Siddha Regional Research Institute (SRRI), Thiruvananthapuram, Kerala jointly with Santhigiri Siddha Medical College (SSMC) and Maria Siddha Medical College (MSMC) on 11<sup>th</sup> December 2018 to be held at Conference Hall, Santhigiri Siddha Medical College, Thiruvananthapuram, Kerala.

### ABOUT SIDDHA DAY

Siddha system is oldest system of medicine more popular in southern India. Siddhar Agathiyar is considered as the father of Siddha Medicine. Ministry of AYUSH, Government of India has accorded approval to celebrate the birthday of Siddhar Agathiyar as Siddha day every year. As Agathiyar's birth star is Ayllyam in the month of Markazhi which falls on 26<sup>th</sup> December 2018 in this year, the date is being fixed as Second Siddha day. The Second Siddha day celebration will be held at Kalaivanar Arangam, Chennai and will be jointly organised by Central Council for Research in Siddha, National Institute of Siddha and Directorate of Indian Medicine and Homeopathy in Chennai.

### ABOUT THE ORGANIZATION

Siddha Regional Research Institute (SRRI), Thiruvananthapuram, functioning under Central Council for Research in Siddha (CCRS), Ministry of AYUSH, Government of India, caters to the public health care needs through its free out patient service and also carries out clinical research activities. A Drug Research unit is also functioning in SRRI for drug analysis and Standardization of single drugs and compound formulations.

### OBJECTIVE OF THE SEMINAR

The objective of the Seminar is to create awareness about the importance of Siddha System of Medicine to the public and to provide the useful and supportive information to the students, practitioners and academicians in Siddha system of Medicine.

### ABOUT THE SEMINAR

Human body is the replica of universe made of five elements namely Earth, Water, Fire, Air and Space which conglomerate to form three humours Vall, Azhal and Iyyam. The function of the body is mediated by the three humours; the balancing of three humours is essential for healthy life. This Seminar focuses on the exploration of fundamental principles in therapeutic and diagnostic perspective.

### THRUST AREAS

The Siddha experts well versed in fundamental principles of Siddha system and its applications will present their expertise in the following thrust areas.

The thrust areas of the presentation are:

- Basic principles in Siddha System—includes 96 basic principles.
- Diagnostic concepts in Siddha system - includes Envagai thaervu in application with three humours.
- Experimental methods in Siddha system—includes Manikkadai nool, Neerkuri, Neikuri, toxicity assessment, etc
- Dietary concepts in Siddha system - includes Suvai, Gunam, Veeriyam, etcincompliance with body constitution.
- Therapeutic principles in Siddha system - includes balancing of Uyirhathu, Udalthathu, Natural forces, etc

This Seminar is expected to throw light upon the fundamental principles in Siddha system and their application in clinical practice. Poster presentations from the students of Santhigiri and Maria Siddha Medical College on the above said themes are invited.

### PROGRAMME

11<sup>th</sup> December 2018 (Tuesday)

- 8.30 - 09.00 am - Registration
- 9.00 - 10.30 am - Inauguration
- 11.00 - 11.45 am - Invited Talk - I
- 11.45 - 12.15pm - Invited Talk - II
- 12.15 - 01.00 pm - Invited Talk - III
- 01.00 - 01.45 pm - Lunch Break
- 01.45 - 02.45 pm - Invited Talk - IV
- 02.45 - 03.30 pm - Invited Talk - V
- 03.30 - 03.45pm - Tea Break
- 03.45 - 04.15pm - Invited Talk - VI
- 04.15 - 5.00 pm - Panel Discussion

#### Organizing Committee

##### Patron

**Prof. Dr. K. Kanakavalli, MD (S)**

Director General, CCRS, Chennai

##### Organizing Secretary

**Dr. A. Kanagarajan**

Assistant Director (Siddha), I/C, SRRI, Tvpm

##### Convenors

**Dr. A. Vasuki Devi**  
Principal, SSMC, Tvpm

**Dr. S. Soundararajan**  
Principal, MSMC, KK Dist

##### Joint Organizing Secretaries

**Dr. K. Jaganathan**  
Vice Principal, SSMC, Tvpm

**Dr. M. Karthick Pandian**  
Vice Principal, MSMC, KK Dist

##### Co-Convenors

**Dr. V. Gayathri Devi**  
HOD Chemistry, SRRI Tvpm

**Dr. P. Hariharan**  
Vice Principal, SSMC, Tvpm

##### Treasurer

**Shri. George Joseph, SRRI, Tvpm**

##### Core Committee

**Smt. Anitha John, RO (Chemistry)**  
**Dr. K.S. Maanickha Chelvi, RO (S)**

**Dr. G.S. Lekha, RO (S)**  
**Dr. S. Aparna RO (Patho)**