

# **Author Instructions**

## **Journal of Research in Siddha Medicine**

### **1.0 Aim**

Journal of Research in Siddha Medicine (Abbreviated as J Res Sid Med) is a Peer Reviewed Bi-annual Journal for publication of original research and scientific understanding of Siddha medicine. Manuscripts providing experimental and literary evidences for science behind all Siddha medicine practices are the priorities of the journal.

### **2.0 Scope**

J Res Sid Med accepts scientific papers of good quality research reports on Siddha comprising its various disciplines and knowledge including epistemology, literary research, pharmacovigilance, toxicology and inter-disciplinary sciences such as ethnobotany, pharmacognosy, phytochemistry, experimental pharmacology, clinical epidemiology and clinical trials will be considered for publication. Every data included in the article must be obtained employing internationally acceptable experimental protocols supported by appropriate statistical analysis.

### **3.0 Editorial Policy**

The journal strictly follows 'highest standards of publication ethics' without compromising on quality. Substandard articles are immediately rejected on editorial review. 'Double blind peer review' will be followed for every article. Manuscripts are accepted with the understanding that the authors have not violated any ethical practice followed in preparation and publication of biomedical manuscripts. Author/s is/are responsible for all the statements made in their work and should be willing to defend them publicly, if challenged. The journal reserves the right to make any further formal changes and language corrections necessary in a manuscript accepted for publication.

### **4.0 Plagiarism**

Every article must be scanned for plagiarism before communicating it for publication. It is suggested that the authors check the manuscript for percentage of plagiarism in their manuscript to make it less than 10%. The editors may reject/

request revision of the manuscript for plagiarism before passing it to peer review.

### **5.0 Peer review**

All the articles submitted to J Res Sid Med will be first submitted to editors for possible consideration of the manuscript for publications. The editors will next communicate the manuscript to peer review by two potential reviewers. The manuscript will be accepted for publication after evaluation of reviewed manuscript by editors. If it is acceptable the same will be notified to the corresponding author to make the minor/major revisions in the manuscript.

### **6.0 Manuscript preparation**

#### **6.1 Type of articles**

Other than original articles, findings in the form of conference reports, editorial, case report, short communication, review article, letter to editor etc will also be considered.

#### **6.2 Covering Letter**

Disclose all possible conflicts of interest (e.g. funding sources for consultancies or studies of products). Full contact details with postal address, phone numbers (mobile & landline) and email IDs of the corresponding author must be clearly mentioned. The importance of the paper may be briefly indicated. A list of potential reviewers (not exceeding 5) with their phone numbers and email IDs should be included. The suggested reviewers must be working in the same area dealt with in the manuscript. However, the chief editor will decide whether to use the referee name for the submitted paper or not.

#### **6.3 Copyright Form**

All manuscripts published will have the copyright of CCRS from the time of submission. If JRSM is not publishing the paper, it releases its rights therein at the time the manuscript is rejected following the editorial/peer review or retracted by the authors. Manuscripts published in JRSM become the sole property of CCRS. The corresponding author, on behalf of all authors,

signs a copyright transfer form at the time of submission of the manuscript.

#### **6.4 Article structure**

Manuscripts must conform to the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" <http://www.icmje.org>.

Manuscripts must be written in English. English equivalents of Sanskrit/other language words must be mentioned in bracket. Authors should prepare their manuscripts exactly according to the instructions given. Manuscripts which do not follow the format and style of the journal may be returned to the authors for revision or directly rejected. Manuscripts must be submitted online, no hard copy submission is acceptable (See submission).

#### *Page layout & styles*

Page size A4 Portrait 8 ½ X 11

Font Times New Roman 10 pt in text as well as graphics

Margins 1 inch all the sides

Page number at bottom middle Times New Roman 8 pt

Line spacing 1.15

Footer / Headers None

Title 18 pt Times New Roman, bold, centre justified

Authors 9 pt Times New Roman bold, centre justified

Affiliation 8 pt Times New Roman, centre justified (only Department/Organization/Address/Place/Country with PIN/email).

Corresponding author designated with an asterisk (\*)

\*Correspondence: 8 pt Times New Roman left justified - give a valid e-mail of the corresponding (main) author.

Abstract structured to Introduction, Methods, Results and Conclusion; 10 pt Times New Roman, full justification Normal - maximum 250 words, full justification – single spacing.

Heading Major headings (Abstract, Keywords, Introduction, Materials and Methods, Results and Discussion, Acknowledgements, References) in all caps left-justified, 10 pt bold, intermediate headings should be in italics, sentence case, left justified, 10 pt, sections and subsections

numbered eg 1.0 Introduction, 2.0 Materials and Methods, 2.1 Preparation of drugs etc.

All text should be fully justified. Please put all primary section titles and sub headings in lower case letters and subheading in Lower Case letters. Do not use the tab key to indent blocks of text such as paragraphs of quotes or lists because the page layout program overrides the left margin with its own, and the tabs end up in mid-sentence.

Tables to be incorporated wherever it should occur within the text. Correct: Table 1. Incorrect: Table No. 1.

Figures /Graphs should be incorporated at the end of the manuscript with proper labelling at the end of the manuscript. Correct: Figure 1. Incorrect: Figure No. 1.

They should be created with a program that allows you to save them as gif, jpg or tiff format. Figures, tables or other materials copied verbatim or adopted from previously published materials, the author must have written permission from the copyright holder of that material (publisher and/or authors) for reproduction in your article. A copy of the permission release must be submitted with the manuscript. It is the author's responsibility to obtain permission. Graphs to be included from excel and it should be editable. Non-editable graphs will not be accepted.

A research article for publication in J Res Sid Med typically should include the following in the order given below:

- Title
- Affiliations
- Abstract
- Keywords
- Introduction
- Materials and Methods
- Results
- Discussion
- Conclusion
- Acknowledgements
- Conflict of interest
- Contributors
- References
- Tables (Title at the top captions at bottom)

- Figures (Title at the top caption/legends at bottom)

All Tamil words should be written in transliteration with the diacritical marks. They should be translated to English and mentioned within brackets next to original term. It will be better to provide the translated term at the time of first use, there after use the Tamil term uniformly all over the text.

#### 6.4.1 Abstract

Should be structured and limited to 250 words. A brief summary of the research should be given under the subheadings Introduction, Methods, Results, and Conclusion.

#### 6.4.2 Key words

Not more than six keywords are required. Words appearing in the title should not be given as keywords, instead, alternative words, if any can be included. They should be written left aligned, arranged alphabetically in 12pt Times Roman, and the line must begin with the words Keywords boldfaced. A 12pt space should separate the keywords from the affiliations.

#### 6.4.3 Introduction

Description of the research area, pertinent background information, and the hypotheses tested in the study should be included under this section. The introduction should provide sufficient background information such that a scientifically literate reader can understand and appreciate the work to be described. A detailed review of literature is not at all required under this section. The specific aims of the project should be identified along with rationale for the specific experiments and other work performed. The introduction MUST include in-text citations including a few references pertinent to the background and justification for the study.

#### 6.4.4 Materials and Methods

Materials and/or subjects utilized in the study as well as the procedures undertaken to complete the work. The methods should be described in sufficient detail such that they could be repeated by a competent researcher. The sources of all major instruments and reagents used (kits, drugs, etc) must be given with parentheses. Illustrations and/or tables may be helpful in describing

complex equipment or elaborate procedures. The statistical tool used to analyze the data should be mentioned. All procedures involving experimental animals or human subjects must accompany a statement on ethical approval from appropriate ethics committee.

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எ	e	E	த	t	T
ஏ	ē	Ē	ந	n	N
ஐ	ai	Ai	ப	p	P
ஓ	o	O	ம	m	M
ஔ	ō	Ō	ய	y	Y
ஔ	au	Au	ர	r	R
ஃ	ke	Ke	ல	l	L
			வ	v	V
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			ற	re	Re
			ள்	ṇ	Ṇ

Source: Transliteration Table in Vol. I of the Tamil Lexicon, published by University of Madras. Reprinted 1982.

#### 6.4.5 Results and Discussion

Data acquired from the research with appropriate statistical analysis described in the methods section should be included in results section. The results section should highlight the important results obtained. Data should be organized into figures and tables. Qualitative as well as quantitative results should be included if applicable.

Discussion section should relate the results section to current understanding of the scientific problems being investigated in the field. Description of relevant references to other work/s in the field should be included here. This section also allows the author to discuss the significance of the results - i.e. does the data support the hypotheses you set out to test? This section should end with new answers/questions that arise as a result of the author's work.

#### 6.4.6 Conclusion

Final output of the study should be included as conclusion in not more than 3 sentences.

#### 6.4.7 Acknowledgements

Those who have helped the authors carry out the study and/or prepare the manuscript but have not made significant intellectual contribution to deserve authorship must be acknowledged. Mention all applicable grants and other funding that supported the work.

#### 6.4.8 Tables

Tables should be numbered with Arabic numerals according to their sequence in the text, and have a short self-explanatory heading. Use SI units. Tables should include only horizontal rules at top and bottom of the content. Authors should keep in mind the page layout of the journal when designing tables. Tables that fit onto one printed page are preferred. Detailed explanations of symbols, units, and abbreviations should be given below the table.

#### 6.4.9 Figures

Figures should be numbered with Arabic numerals according to their sequence in the text, and have a short self-explanatory heading. Figures for final production should be submitted as editable electronic files as MS Word. All illustrations should be prepared for printing to fit A4 page with 1 inch margin. The authors should keep in mind that the title is placed at the top of the figure and the caption will be placed at the bottom. Figure(s) must be numbered consecutively in the text. Compound figures with more than one micrograph or photo should be referred by a single figure reference (e.g. Figure 1), and individual parts should be labelled as 1.1, 1.2, 1.3 etc without Fig. or Figure in the bottom of individual parts. Lettering of title and contents should be Times New Roman, 10 pt; foot notes should be Times New Roman, 8 pt. Descriptive labelling in the figures should be clearly readable, and all lettering should have a minimum published size of 7 pt (2.1 mm) for labelling items on photographs or in line art is recommended and a maximum size of 10 pt is suggested. Use a scale bar to indicate magnifications and place in the lower right corner if possible. Computer prepared photographic images must be at a minimum of 400 dpi at the final publication size. Lower resolution will result in pixilation and poor quality images.

Computer drawn figures are accepted provided they are of high quality. Text should be saved as text at a minimum text size of 6 pt (2.1 mm).

For graphs, Excel graphs are also acceptable. Note that vertical axes must all be at the same scale especially when the paper compares them. Otherwise they should be produced as separate figures. Avoid 3D plots when presenting 2D data. All tables and figures must be placed in appropriate places in the manuscript and when this is not possible, appropriate place must be indicated in the manuscript. Please note good quality figures must be submitted as separate files as said above.

#### 6.4.10 Table and Figure foot notes

They should be single spaced and typed in Times New Roman, 8 pt. Explanations should be brief and authors should keep in mind that captions/legends will be placed below figures.

#### 6.4.11 References

##### *In-text citation*

Flavonoids have been isolated and characterized from many medicinal plants used in malaria endemic areas.<sup>[1-2]</sup> However, controversial data have been obtained regarding their antiplasmodial activity, probably because of their structural diversity.<sup>[3,5,6]</sup> More recently, several flavonoids have been isolated from *Artemisiaafra*<sup>[7]</sup> and *Artemisiaindica*<sup>[8]</sup> two plants related to *Artemisia annua*, the famous traditional Chinese medicinal plant from which artemisinin is isolated.

##### *Standard journal article*

Halpern SD, Ubel PA, Caplan AL. Solid-organ transplantation in HIV-infected patients. *N Engl J Med* 2002;347(4):284-7.

##### *Organization as author*

Diabetes Prevention Program Research Group. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. *Hypertension* 2002;40(5):679-86.

##### *Journal article on the Internet*

Saraswathy A, Shakila R, Sunil Kumar KN. HPTLC Fingerprint Profile Of Some *Cinnamomum* Species. *Phcog J*2010;2(8):211-5. Available from: <http://phcogj.com/content/hptlc-fingerprint-profile-some-cinnamomum-species>.

Note: Plants/Insects/Marine organisms/Microorganisms, *in-vivo*, *in-vitro* should be in italics even if it occurs in main title.

#### *Personal author(s)*

Murray PR, Rosenthal KS, Kobayashi GS, Pfaller MA. Medical microbiology, 4th ed. St. Louis: Mosby; 2002.

#### *Editor(s), compiler(s) as author*

Gilstrap LC 3rd, Cunningham FG, VanDorsten JP, Editors. Operative obstetrics, 2nd Ed. New York: McGraw-Hill; 2002.

#### *Author(s) and editor(s)*

Breedlove GK, Schorfheide AM. Adolescent pregnancy. 2nd Ed. Wiczorek RR, Editor. White Plains (NY): March of Dimes Education Services; 2001.

#### *Chapter in a book*

Meltzer PS, Kallioniemi A, Trent JM. Chromosome alterations in human solid tumors. In: Vogelstein B, Kinzler KW, Editors. The genetic basis of human cancer. New York: McGraw-Hill; 2002; p.93-113.

#### *Conference proceedings*

Harnden P, Joffe JK, Jones WG, Editors. Germ cell tumours V. Proceedings of the 5th Germ Cell Tumour Conference; 2001 Sep 13-15; Leeds, UK. New York: Springer; 2002.

#### *Thesis*

Senol FS. Pharmacognosic research on some *Salvia* species growing in Turkey. M.Sc. Thesis, Institute of Health Sciences, Gazi University, Ankara, Turkey, 2009.

#### *Website information*

Cancer-Pain.org [homepage on the Internet]. New York: Association of Cancer Online Resources, Inc.; c2000-01 [updated 2002 May 16; cited 2002 Jul 9]. Available from: <http://www.cancer-pain.org/>.

#### *Referencing Classics*

a. Original Classical Texts (Single Reference)  
Prime Authorship. Chief Editors/compiler (Editor). Literature Name/Book name (Edition). Place: Publishers, Year of Publication; Verse: p.no.  
Example: Agathiyar- Nagamunivar. Thyagarajan R, Amrithalingam Pillai TS, Viswanathan V

(Editors). *Agathiyar – Nagamunivar Nayanavithi*. Chennai: Arulmigu Pazhani Thandayuthapani Swami Thirukkoyil Siddhamaruthuva Nool Veliyeettu Kuzhu, 1976; (2<sup>nd</sup> Edition), Verse 64-68: p.19-20.

b. Original Classical Texts (Multiple References)  
Prime Authorship. Chief Editors/compiler (Edition). Literature Name/Book name. Place: Name of the publisher, Year of Publication; Verses: p.no.

Example: Theraiyar. Thyagarajan R (Editor). *Theraiyar Venba*. Chennai: S Anandam Siddha Maruthuva Arachi Nilayam, 1974; (1<sup>st</sup> Edition), Verses 716-718, 733, 748: p. 254-255, 260, and 266.

c. Commentary Works /Compilation on Original Classics/ Other book works in Siddha Medicine/Regional language books in siddha (Single Reference).

Chief Editors/authors. Literature Name/Book name. Place: Publishers, Year of Publication [Edition/Volume/Part]; Verse: p.no.

Example: Murugesu Mudaliyar KS. Siddha Materia Medica (Medicinal Plants Division- Tamil Version). Chennai: Department of Indian Medicine and Homeopathy, 2008 [Part-1, 2<sup>nd</sup> Edition]: p.177.

#### *Abbreviations of journals*

Journal names should be abbreviated according to Index Medicus journal abbreviations: <http://www.nlm.nih.gov/tsd/serials/lji.html>; List of title word abbreviations: <http://www.issn.org/2-22661-LTWA-online.php>; CAS (Chemical Abstracts Service): <http://www.cas.org/sent.html>..

#### *6.4.12 Contributors*

A short descriptions of contribution of each author in the research data included in the manuscript must be declared at the end of each manuscript.

## **7.0 Submission**

Manuscripts should be submitted only through online via email to [ccrsjournal@gmail.com](mailto:ccrsjournal@gmail.com). The submission should be complete with all necessary items listed under author instructions.

### **7.1 File requirements**

Items	File type
1. Covering letter with details of manuscript including name, address and email id of two potent reviewers and details of authors with their contribution	*.doc/*.docx
2. Manuscript with tables/figures	*.doc/*.docx
3. Copyright form signed by all/corresponding author/s.	*.jpeg/*.pdf

### **7.2 Check list**

1. Article file blinded (Name of authors and affiliations deleted, no details of institution/author available under methodology or acknowledgement).
2. Provided details of contribution to the research by each author
3. Provided expansion of all initials in the name of authors.

4. Provided references as per J Res Sid Med format only.

5. Tamil words provided with diacritic marks/italicised as per transliteration

6. Section and subsections numbered

7. Table figure and reference numbers quoted as per J Res Sid Med format

A submission, however, does not guarantee acceptance for publication in the journal. All submissions are peer reviewed by the editorial board and a select group of reviewers. Please make sure that all guidelines are followed carefully. All the accepted articles will be queued for publication and will appear in the futures issues based on the priorities set by the editorial board.

### **8. Contact details**

Email: [ccrsjournal@gmail.com](mailto:ccrsjournal@gmail.com)

Website: [www.siddhacouncil.com](http://www.siddhacouncil.com)